

CONCEPT XI

Related terms of Actions with Modern equivalence* .

<i>Sanskrit Name</i>	<i>Reference</i>	<i>Modern equivalent</i>
Akanthya	Su. 25.40	Non-beneficial for throat
Aksi-upaghatakara	Vi. 1.17	Damaging for eyes
Aksi-sammilana	Su. 26.42 (2)	Closing the eyes
Agnidipana appetizer	Su. 26.42 (2). Ci. 8.124	Stimulating digestive fire,
<i>Syn.</i> Agnijanana	Su. 27.250	
Agnivardhana	Ci. 1.2.19	
Agnivivardhana	Su. 17.231	
Agni samdhuksana	Su. 25.40	
Antaragni- Samdhuksana	Ci. 1.2.3	
Dipana	Su. 26.42 (3), Ci. 11.84	
Dipaniya	Su. 4.8, 15.7, 25.40	
Agni-vaisamyakara balance of	Su. 25.40	One which disturbs the digestive fire
Agni-nirvapaka digestive fire	Ci. 15.122	One which extinguishes
Angamardaprasamana	Su. 4.8	Pacifying body-ache
Angavardhana	Ci. 1.1.70	Developing body parts
Atisaranibarhana	Ci. 8.124	
<i>Syn.</i> Atisarasamana	Su. 254	
Atisarahara	Su. 25.40	
Adhomargapravartana downwards	Su. 27.109	Impelling (excrement)
<i>Syn.</i> Adhahsramsi	Su. 26.42 (3)	
Avasramsi	Su. 27.192	
Sramsana	Ci. 3.172	
Sramsaniya	Su. 25.40	
Sramsi	Su. 27.304	
Adhovatanulomana	Su. 27.302	Carminative
Anayusya	Su. 25.40	Non-beneficial for life-span
Anarogyakara	Su. 25.41	Causing ill health
Anuvasanopaga	Su. 4.8	Helpful in unctuous enema
Annadravyarucikara	Su. 25.40	Relishing
<i>Syn.</i> Bhaktarocaka	Su. 26.42 (2)	
Bhaktarocana	Ci. 8.143	
Rucikara	Su. 25.40, Ci. 3.145	

Ruciprada	Su. 27.137	
Rocana	Vi. 1.18	
Bhaktaprarocana	Su. 27.156	
Annasraddhajanana	Su. 25.40	Producing aversion to food
Apatyajanana	Ci. 2.3.11	Procreative
Apatyavivardhana	Ci. 2.1.23	Enlarging progeny
Apdosahara	Ci. 1.3.23	Alleviating defects of water
Abaddhamamsahara	Ci. 1.2.3	Destroying non-
compactness of		
		Muscles
Abhisyandakara	Su. 25.40	Causing sliminess and
obstruction in		
<i>Syn.</i> Abhisyandi	Su. 13.98, 27.84	channels
Abhyangopayogi	Su. 22.40	Useful in massage
Amlapittajanana	Su. 25.40	Causing acid gastritis
Arocakaghna	Su. 26.46 (5)	Destroying non-relish for
food		
Arttinut	Su. 27.111	Alleviating distress
Arsoghna	Su. 4.8, 25.40	Destroying piles
<i>Syn.</i> Arsahprasamana	Su. 25.40	
Arsohara	Su. 25.40	
Alpamaruta	Su. 27.10	Causing little wind
Alpavarcas	Su. 27.10	Causing little feces
Avakasakara	Su. 26.42 (3)	Making space
Avadhamana	Su. 27.4	Emaciating
Avasadakara	Su. 16.14	Depressant
<i>Syn.</i> Sadana	Su. 26.45	
Avidahi	Su. 27.87	Non-burning
Avrsya	Su. 25.40, 26.51	Non-aphrodisiac
Asmari-patana	Ci. 26.52	Felling calculus (lithagogue)
Asmaribhedana	Ci. 26.52	Breaking calculus
(lithotriptic)		
Ahrdya	Su. 25.40	Non-cordial
Acayana	Su. 27.4	Accumulating
Anahaprasamana	Su. 25.40	Pacifying hardness of
bowels		
Anahabhedana	Ci. 13.145	Breaking hardness of
bowels		
Anulomika	Su. 25.40, 56.69, Ci. 14.119	Carminative
Amapradosahetu	Su. 25.40	Causing disorders of ama
Amaprasamana	Su. 25.40	Pacifying amadosa
Ayusya	Su. 5.95, 25.40, 1.1.30	Beneficial for life-span
Ayurhrasakara	Su. 25.40	Diminishing life-span
Arogyakara	Su. 25.40, Ci. 1.2.3	Causing health

Artta-roganut diseased	Ci. 1.1.4	Alleviating disorders of
Alasyapahara	Ci. 1.2.3	Destroying lassitude
Asu pramathi	Ci. 13.180	Quick churning
Asvasakara	Su. 26.40	Consoling
Asthanopanopaua enema	Su. 4.8	Helpful in non-unctuous
Asya-sosana sailagogue)	Su. 26.43	Drying mouth (anti-
Asyasravana (sailagogue)	Su. 26.42(2)	Causing salivation
Indriya-drdhikarana senses	Su. 26.42(2)	Providing firmness to
Indriyatapana	Ci. 29.34	Causing distress in senses
Indriyaprasadana	Su. 26.42(1)	Causing clarity of senses
Indriya-sphutikarana	Su. 26.42(4)	Making senses distinct
Indriyoparodhaka	Su. 26.45(3)	Obstructing senses
Ucchosaka	Su. 26.42(5)	Drying
Utkledi	Su. 27.303	Moistening
<i>Syn.</i> Upakledana	Vi. 1.18	
Upakledi	Vi. 1.18	
Kledana	Su. 56.42(2)	
Kledi	Su. 27.306	
Prakledini	Vi. 1.16	
Utsahajanana	Su. 27.81	Producing enthusiasm
Udaradhmapana	Su. 26.43	Distending abdomen
Udardaprasamana	Su. 4.8	Pacifying urticaria
Udavartahara movement of	Su. 25.40	Checking upward
		vayu
Udgarasodhi	Su. 27.301	Correcting eructation
Udvepanaprasamana	Su. 25.40	Pacifying trembling
Upacayavardhana	Su. 27.47	Promoting development
Upanahopayogi	Su. 25.40	Useful for poultice
Upasamaniya	Su. 12.7, 26.8, Ci. 19.50	Pacifying
Upasosana	Su. 25.40, 26.42(5), Ni. 6.4	Absorbing
Upastambhana	Ci. 20.46	Supporting
Urahparidahana	Su. 26.42(2)	Burning in chest
Urjaka	Su. 26.42(1)	Energy-producing
Urdhva	Su. 26.69	Emetic
<i>Syn.</i> Vamana	Ki. 1.4	
Urdhvahara	Su. 15.7	
Urdhvavatanulomana	Su. 27.302	Carminating gastric wind
Ojaskara	Su. 5.94, Ci. 1.3.28	Promoting ojas

<i>Syn.</i> Ojasya	Su. 30.14	
Ojovivardhana	Su. 27.231	
Kanthaghna	Su. 27.136	Damaging throat
Kantha-paridahana	Su. 26.42(2)	Causing burning in throat
Kanthya	Su. 4.8	Beneficial for throat
Kandughna	Su. 4.8	Destroying itching
Kapha-cyavana	Ci. 16.157	Expectorant
<i>Syn.</i> Kapha-chedana	Ka. 1.18	
Kaphavilayana	Ka. 1.19	Liquifying kapha (mucous)
<i>Syn.</i> Kaphavilapana	Su. 26.42(2)	
Kapha-visyandana	Su. 26.42(2)	
Slesmavilayana	Ci. 13.127	
Kaphapittavirodhi and	Su. 27.150	Non-antagonistic to kapha pitta
Karmasahasrakrt action	Su. 27.232	Performing thousands of
Karsaniya	Su. 2.24, 22.40	Reducing
Kathinyakara	Ci. 25.42	Hardening
Kayasithilikarana	Su. 26.42(2)	Causing slackness in body
Kasahara	Su. 4.8	Alleviating cough
Kusthaghna	Su. 4.8	Anti-leprotic
Kustha-pragalana diseases	Su. 26.42(3)	Increasing leprosy and skin
Kesaghna	Su. 27.160	Destroying hairs of head
Kesopaghatakara	Vi. 1.17	Damaging hairs of head
Kesabrmhana	Ci. 26.273	Promoting growth of hairs
Kesaranjana	Ci. 26.273	Dyeing hairs
Kesya	Su. 25.40	Beneficial for hairs
Kosthavatahara	Ci. 15.107	Alleviating wind in bowels
Kosthavataprakopaka bowels	Su. 27.32	Aggravating wind in
Kosthasulakara	Ci. 15.101	Causing pain in bowels
Krimighna	Su. 4.8	Anthelmintic
Klamanut	Su. 27.111	Removing exhaustion
<i>Syn.</i> Kamapahara	Ci. 1.2.3	
Ksunnasana	Su. 2.33	Destroying hunger
Khalityapadaka	Su. 26.42(3)	Producing baldness
Gandanut	Ci. 6.143	Destroying glands
Garbhadharana	Su. 25.40	Supporting fetus
Garbhavrddhikara fetus	Sh. 8.27	Promoting development of
Garbhasthapana	Sh. 3.24	Sustaining fetus
Garbhopaghatakara	Sh. 8.25	Causing damage to fetus

Gudasothahara rectum	Su. 25.40	Alleviating swelling in ano-
Gulma-bhedana	Ci. 26.58	Breaking lump in abdomen
Grahanidusana grahani	Ci. 25.40	Causing morbidity in (duodenum)
Grahanidosaprasamana grahani	Su. 25.40	Pacifying morbidity of
Grahanibalavardhana grahani	Ci. 15.80	Promoting strength of
Grahi diarrhea)	Su. 2.19, 27.26, Ci. 11.84	Astringent (Checking
<i>Syn.</i> Sangrahana	Ci. 8.118, 19.15	
Sangrahaniya	Su. 15.7, Ci. 19.50	
Sangrahi	Su. 26.43	
Sangrahika	Su. 2.28, 25.40, Ci. 19.56, 8.130	
Glapana	Su. 26.42(4)	Causing malaise
Chrtavyapatprasamana ghee	Su. 25.40	Correcting complication of (hyperlipidemia)
Ghranasravana	Su. 26.42(4)	Stimulating nasal discharge
Caksurbaladayaka vision	Si. 3.38	Providing strength to
Caksurvircana	Su. 26.42(4)	Evacuating eyes
Caksusya	Su. 5.100, 25.40	Beneficial for vision
Cyavana	Su. 26.42(3)	Expelling
Chardinigrahana	Su. 4.8, 25.40	Anti-emetic
<i>Syn.</i> Chardihara		
Chadyatiyogaprasamana vomiting	Su. 25.40	Checking excessive
Chhetta	Su. 27.306	Disjoining
<i>Syn.</i> Chedi	Su. 27.187	
Chedana	Su. 26.42(3)	
Chedaniya	Su. 25.40, 26.8	
Jarana	Su. 26.42(2), 27.183	Digestive
<i>Syn.</i> Jaraniya		
Jaraprasamana	Ci. 1.3.6	Geriatric
Jarjarikarana	Su. 27.4	Shattering
Jihvavisodhana	Ci. 8.143	Tongue-cleaning
Jivaniya	Su. 4.8	Vitaliser
Jvaraghna	Ci. 3.144	Antipyretic
<i>Syn.</i> Jvarahara	Su. 4.8	
Tandrakara	Su. 25.40	Causing drowsiness
Tandrapahara	Ci. 1.2.3	Destroying drowsiness

Tamana	Su. 26.42(4)	Causing feeling of darkness
Tarpaniya	Su. 20.40	Saturating
Tarsana	Su. 26.42(2), 26.42(4)	Causing thirst
<i>Syn.</i> Trsnajanana		
Tapana	Su. 26.42(3), 26.42(4)	Producing heat
<i>Syn.</i> Tapajanana		
Tiksna	Su. 15.13	Sharp, drastic
Tiksna virecana	Su. 25.40	Drastic purgative
Tivramada	Su. 27.187	Causing high intoxication
Tustiprada	Su. 27.194	Producing contentment
Trptighna	Su. 4.8	Anti-saturative
Trsnatiyogaprasamana	Su. 25.40	Pacifying excessive thirst
Trsnanigrahana	Su. 4.8, 27.254	Anti-dyspic
<i>Syn.</i> Trsnasamana	Su. 27.254	
Tridosasamana	Su. 27.80, Ci. 13.96	Pacifying all the three
dosas		
Tvak-sthirikarana	Su. 26.42(5)	Providing firmness to skin
Tvagdosapanayana	Su. 25.40	Alleviating skin disorders
Tvagvisuddhikara	Ci. 25.114	Purifying skin
Tvacya	Su. 4.87, 26.42(1)	Beneficial for skin
Danta-cyavana	Su. 26.42(3)	Felling teeth
Dantapavana	Ci. 23.116	Cleaning teeth
<i>Syn.</i> Dantavisodhana	Su. 5.73	
Dantaharsana	Su. 26.42(2)	Sensitising teeth
Dahana	Vi. 1.17	Burning
Darana	Su. 26.42(3)	Tearing
Dardhyajamana	Su. 27.81	Producing firmness
Dahajvaraprasamana	Ci. 3.257	Alleviating fever with
burning		
Dahana	Su. 27.306	Causing burning sensation
Dahaprasamana	Su. 4.8	Pacifying burning sensation
<i>Syn.</i> Dahanirvapana	Su. 25.40	
Dahapanayana	Su. 25.40	
Dipana-grahi	Ci. 8.134, 19.25, 28.211,	Appetiser cum anti-
diarrheal	243	
Durgandhahara	Su. 25.40	Alleviating foul smell
Durvipakahara	Su. 25.40	Causing difficult digestion
Duhkhabodhana	Ci. 24.64	Anesthetising
Drkprasadani	Ci. 26.238	Clarifying vision
<i>Syn.</i> Drstiprasadana	Su. 5.16	
Drstighna	Su. 27.4	Damaging vision
Deha-Brmhana	Su. 26.42(2)	Promoting body bulk
Dosapacana	Ci. 3.199	Maturing morbidity

Dosaprasamana factors	Su. 1.67	Pacifying pathogenic
Dosala	Su. 27.1.38	Causing morbidity
Dosavisyandana	Ci. 24.118	Liquifying dosas
Dosasamsosana	Su. 12.8	Absorbing dosas
Dosanulomana	Ci. 1.1.29	Carminating dosas
Daurbalyakara	Su. 25.40	Causing debility
Daurbalyapahara	Ci. 1.2.3	Alleviating debility
Dhatupradusana	Su. 1.67	Affecting dhatus
Dhatusamyakara	Su. 27.254	Causing homeostasis
Dhidhritismrtihara restraint and	Su. 25.40	Destroying intellect, memory
Nandana	Su. 30.15	Gratifying
Namana	Su. 26.42(4)	Bending
Nidrapahara	Ci. 1.2.3	Destroying sleep
Ninditavyadhikara	Su. 25.40	Causing despicable diseases
Nirvapana	Su. 3.26, 25.40	Extinguishing (heat)
Pakta	Su. 27.306	Digestive
<i>Syn.</i> Paki	Su. 27.304, Ci. 21.133	
Pacana	Su. 2.19, 26.42(3), Vi. 1.17, Ci. 11.84	
Pacaniya	Su. 15.7, 25.40, Ci. 19.50	
Bhaktapacana	Su. 27.167, 181	
(Ksatadi) Pacana	Su. 26.42(2)	Causing inflammation and suppurating
Pakvasaya-visodhana	Ci. 28.244	Cleaing large intestine
Pathya of body)	Su. 25.40	Wholesome (for channels
Palitapadaka	Su. 26.42(3)	Producing graying of hairs
Parsvasulahara	Su. 25.40	Alleviating pain in sides (chest-pain)
Pittakopana	Su. 26.42(3)	Vitiating pitta
Pittaprasamana	Su. 6.42	Pacifying pitta
Pittahara	Su. 25.40	Eliminating pitta
Pittabhivardhana	Su. 26.42(2)	Increasing pitta
Pittavirodhi	Su. 1.100	Non-antagonistic to pitta
Pittotklesana	Su. 27.170	Exciting pitta
Pidana	Su. 26.43	Pressing
<i>Syn.</i> Avapidana	Ci. 25.40	
Pinasaskartr	Su. 27.124	Causing coryza
Pumstvaghati	Su. 25.40	Destroying virility
<i>Syn.</i> Pumstvopahanana	Su. 26.42(3)	
Pumstvaghna	Su. 27.172	
Pumstvopaghata-	Vi. 1.17	

kara		
Sandhyakara	Su. 25.40	
Purisanjana	Su. 25.40	Producing bulk of feces
Purisabhedana	Sn. 27.103	Breaking fecal mass
Purisavirajaniya	Su. 4.8	Decolorising feces
Purisasamgrahaniya	Su. 4.8	Checking motion of feces
<i>Syn.</i> Purisavagrahana	Su. 26.43	
Purisasramsana	Ci. 8.88	Expelling feces
Pustikara	Su. 25.40	
<i>Syn.</i> Pustiprada	Su. 5.96, 27.194	
Paustika	Su. 5.99, Ci. 1.1.30	
Putigandhana	Su. 27.169	Removing foul smell
<i>Syn.</i> Putigandhapakar- sana	Ci. 30.124	
Putimaruta	Su. 27.138	Causing flatus with foul smell
Prajasthapana	Su. 4.8	Sustaining fetus
Pratibhaprada	Su. 27.194	Promoting intelligence
Prabha-uttamakara	Ci. 1.2.3	Improving luster
Prabhutantarmala	Su. 27.4	Causing large quantity of feces
Pramathi	Su. 7.9, Ci. 8.166, 18.157	Churning
Prasadana	Su. 13.14	Clarifying
Pragalbhyaprada	Su. 27.194	Providing boldness
Pranadharana	Su. 27.253	Sustaining vital strength
Pranapradanahetu	Su. 25.40	Cause of providing vital strength
Pranavardhana	Su. 30.15	Promoting vital strength
Pranoparodhi	Su. 25.40	Obstructing vital strength
Prinana	Su. 1.107, 25.40, 26.42(2)	Nourishing
Baddhavarca	Su. 27.10	Blinding feces
(constipation)		
Baddhavinmutra	Su. 26.61	Blinding feces and urine
Bandha-chedana	Su. 26.42(4)	Cutting bonds
Bandha-vidhamana	Su. 26.42(3)	Weakening bonds
Balakara	Su. 25.40	Promoting strength
<i>Syn.</i> Balajanana	Si. 12.15(7)	
Balaprada	Su. 27.194	
Balavardhana	Su. 26.42(2), 29.57, 30.15	
Balya	Su. 4.8	
Bala-ksayakara	Su. 26.42(4)	Diminishing strength
<i>Syn.</i> Balaghna	Su. 27.31	
Bastirujapaha	Su. 27.172	Destroying pain of urinary bladder

Bastirogapaha urinary	Su. 27.172	Destroying diseases of bladder
Bahudosa moribidity	Su. 27.82	Causing extensive
Bahupurisa feces	Su. 27.15	Causing large quantity of
<i>Syn.</i> Bahumala		
Bahumutra	Su. 27.15	Causing polyuria
Bahu-vata	Su. 27.19	Causing excess of wind
Bahusma	Su. 27.15	Causing excessive heat
Buddhi-janana	Si. 12.15(7)	Producing intellect
Buddhi-prabodhana	Ci. 9.32	Arousing intellect
Buddhi-vivardhana	Su. 27.231	Promoting intellect
Buddhindriyabalaprada senses	Ci. 1.1.30	Promoting strength in
Brmhana	Su. 1.107	Bulk-promoting
<i>Syn.</i> Brmhaniya	Su. 4.8	
Brhattvajanana	Su. 27.81	
Bodhana	Ci. 24.63	Arousing
Bhinnavarcas	Su. 27.89	Breaking fecal mass
<i>Syn.</i> Bhinnasakrt	Su. 27.108	
Bhukta-sosana	Su. 26.42(4)	Absorbing food
Bhuktapakarsana	Su. 26.42(2)	Carrying down food
Bhedana any	Su. 26.42(3), Vi. 1.17	Breaking mass (of feces or lump)
<i>Syn.</i> Bhedaniya	Su. 4.8	
Bhedin	Su. 2.29, 26.50, 27.90	
Bhautika (Paustika ?)	Sh. 8.27	Tonic
Bhramana	Su. 26.42(4)	Causing giddiness
Madaghna	Su. 27.94	Removing intoxication
<i>Syn.</i> Madavinasin	Su. 2.33	
Manahprabodhana	Ci. 9.32	Psychic stimulant
<i>Syn.</i> Manobodhaka	Su. 26.42(2)	
Manaskara	Su. 1.107	Providing mental strength
Mala-sampravartini	Ci. 19.17	Expelling excrement
Mahabala	Su. 27.83	Providing great strength
Mahabhisyandi Abhisyandi	Su. 26.82	Stronger type of (see Abhisyandi)
Mamsa-kosana	Su. 26.42(3)	Sloughing of muscles
Mamsala	Su. 27.65	Promoting muscles
<i>Syn.</i> Mamsavardhana	Ci. 11.30	
Mamsa-vidahana	Su. 26.42(2)	Burning muscles
Mamsa-vilekhana	Su. 26.42(4)	Scarifying muscles

Mamga-vivarana	Su. 26.42(4)	Opening the channels
Margavisodhana	Su. 26.42(3)	Cleaning the channels
Margavakara	Ci. 25, 40, 42	Softening
<i>Syn.</i> Mrdukara	Su. 13.14, 26.42(3)	
Mukhapriya	Su. 27.133	Palatable
Mukhabodhana	Su. 26.75	Arousing mouth sensation
Mukhavaisadyakaraka	Su. 26.78	Causing non-sliminess in
mouth		
Mukhasosakaraka	Su. 26.78	Causing dryness of mouth
<i>Syn.</i> Vadana-upasosaka	Su. 26.42(5)	
Mukhasodhana	Su. 27.167	Mouth-cleansing
<i>Syn.</i> Vaktrasodhana	Su. 26.42(4)	
Mudhavatanulomana	Ci. 8.147	Carminating confounded
wind		
Mutrakrcchrahara	Su. 25.40	Alleviating dysuria
Mutranjana	Su. 25.40	Producing urine
Mutravirajaniya	Su. 4.8	Depigmenting urine
Mutravirecaniya	Su. 4.8	Diuretic
Mutrasamgrahaniya	Su. 4.8	Anti-diuretic
<i>Syn.</i> Mutravagrahana	Su. 26.43	
Svalpamutrakara	Su. 27.74	
Murcchana	Su. 26.42(3)	Causing fainting
Murcchaprasamana	Su. 26.42(1)	Pacifying fainting
<i>Syn.</i> Murchhanivarana	Su. 27.254	
Mrdivirecana	Su. 25.40	Mild purgative
Medoghna	Su. 27.20	Destroying fat (anti-
obesity)		
Medhakara	Su. 27.84, Ci. 1.3.27	Intellect-promoting
<i>Syn.</i> Medhajanana	Si. 12.15(7)	
Medhavardhana	Ci. 1.2.19	
Medhya	Su. 1.107, 5.98, 1.3.31	
Medhya rasayana	Ci. 1.3.31	A type of Rasayana which
		Promotes intellect
Mohana	Su. 26.42(4)	Causing mental confusion
Yonivisodhana	Su. 1.3.15	Cleaning female genital
track		
Rakta-dusana	Su. 26.42	Affecting blood
Raktapittapradusana	Su. 27.290	Affecting raktapitta
Raktapittaprasamana	Su. 25.40	Pacifying raktapitta
Rakta-pravartana	Ci. 23.40	Causing bleeding
Raktavardhaka	Su. 25.42(3)	Promoting blood
<i>Syn.</i> Sonita-varadhana	Ci. 11.30	
Raktasamgrahana	Ci. 14.180, 19.82	Hemostatic
<i>Syn.</i> Raktasamgrahika	Su. 25.40	
Sonitasthapana	Su. 4.8	

Rakta-skandana	Ci. 23.42	Causing clotting of blood
Rasana-samvejaka	Su. 26.77	Tongue-irritating
Rasayana	Su. 7.48, 25.40, 27.89	Promoting body and mind
Rogavardhana	Su. 25.40	Aggravating disease
Retovagrahana	Su. 26.43	Checking discharge of
semen		
Ropana	Su. 26.43, Ci. 25.43	Healing
<i>Syn.</i> Ropaniya	Su. 25.40	
Laghupaka	Su. 27.83	Light in digestion
Lekhana	Su. 27.266	Reducing
<i>Syn.</i> Lekhaniya	Su. 4.8	
Lomarohana	Ci. 25.43	Promoting growth of body
parts		
Loma samvejana	Su. 26.42(2)	Irritating body hairs
Vamanopaga	Su. 4.8	Helpful for emesis
Vayahsthapana	Su. 4.8, 25.40	Sustaining age
Varco-nirasana	Su. 2.28	Expelling feces
Varconulomana	Su. 27.250	Laxative
Varcobhedi	Su. 27.112	Breaking fecal mass
Varcahsamgrahika	Si. 6.50	Checking motion of feces
Vali-apadaka	Su. 26.42(3)	Producing wrinkles
Varna-uttamakara	Ci. 1.2.3	Promoting complexion
Varnavisodhana	Su. 27.185	Cleaning complexion
Varnya	Su. 4.8, 25.40, 43	Beneficial for complexion
Vak-nigrahana	Su. 26.43	Holding speech
Vagvibodhana	Ci. 24.63	Arousing speech
Vajikarana	Ci. 1.1.12	Aphrodisiac
<i>Syn.</i> Vrsya	Su. 1.107, 2.32, 25.40	
Vatapittaprasamana	Su. 35.40	Pacifying vata and pitta
Vataslesmaprasamana	Su. 25.40	Pacifying vata and kapha
Vatahara	Su. 25.40	Vata-alleviating
Vatanulomana	Su. 2.29, 7.13, 26.42(2)	Carminative
Vata-avagrahana	Su. 26.43	Holding wind
Vikasi	Su. 26.42(3)	Causing depression and
slackness		
Vidarana	Su. 27.306	Tearing
Vidahi	Su. 27.293, Ni. 5.6	Causing burning and
acidity in		
		stomach
Vibandhaghna	Su. 27.185	Removing constipation
<i>Syn.</i> Vibandhapasamana	Su. 25.40	
Virajaniya	25.40	De-pigmenting
Viruksana	Su. 2.26, 27.28	Roughening
<i>Syn.</i> Viruksaniya	Su. 25.40	

Virecanopaga	Su. 4.8	Helpful for purgation
Visodhini	Ci. 19.60	Cleansing
Visamajwara-nasini fever	Su. 2.31	Destroying intermittent
Visaghna	Su. 4.8	Destroying poison
<i>Syn.</i> Garaharin	Su. 27.146	
Visa-varadhana	Su. 26.42(3)	Aggravating poisoning
Vistambhi	Su. 27.110	Distending
<i>Syn.</i> Vistambhaka	Su. 25.43	
Vistabhya-jarana	Su. 27.103	Digesting with distension
<i>Syn.</i> Vistabhya-paki	Su. 27.32	
Visyanda	Su. 26.76	Oozing
Visramsana	Vi. 1.18	Purgation
Viryaparda	Su. 27.194	Energy-giving
Viryavivardhana	Ci. 2.1.23	Promoting semen
Vrttikara	Su. 25.40	Maintaining
Vedanasthapana	Su. 4.8	Sensostatic
Vairecanika	Su. 15.14	Purgative
<i>Syn.</i> Anulomika	Su. 15.7	
Vyavayi	Su. 13.98	Quickly absorbed
Vyadhikara	Su. 25.40	Causing disease
Vyadhi-prasamana	Ci. 1.3.6	Pacifying disease
Vranaropana	Ci. 21.96, 25.96	Wound-healing
Vranavasadana	Su. 26.42(4)	Wound-depressing
Vranasaithilyaprasadhana wounds	Ci. 25.110	Producing looseness in
Vranasaukumarya- prasadhana wounds	Ci. 25.110	Producing softness in
Sarirakleda-upayokta	Su. 26.43	Utilising body-fluid
Sariradaurgandhyahara the body	Su. 3.29	Destroying foul odor of
Sariradhatuvyuhakara dhatus	Su. 27.3	Producing constitution of
Sarkara-pracyavana	Ci. 26.61	Expelling gravels
Sirovirecana	Su. 25.40	Head evacuation
Sirovirecanopaga	Su. 4.8	Helpful in head evacuation
Siva	Su. 27.254	Wholesome
Sighrapumstvadayaka	Su. 27.24	Quickly providing virility
Sitaprasamana	Su. 4.8, 25.40	Pacifying cold
<i>Syn.</i> Sitapanayana	Su. 25.40	
Sukranasana	Su. 26.62	Destroying semen
<i>Syn.</i> Sukraghna	Su. 27.4	
Sukraha	Su. 26.61	
Sukrala	Su. 28.61	

<i>Syn.</i> Sukravivardhana	Su. 27.231	
Sukravirecana	Ci. 28.94	Discharging semen
Sukrasodhana	Su. 4.8	Purifying semen
Sukrasaya-sodhana	Ci. 26.65	Cleaning the seat of semen
Sulaprasamana	Su. 4.8, 25.40	Removing abdominal pain
<i>Syn.</i> Sulahara	Su. 25.40	
Sonita-pradusana	Su. 26.82	Affecting blood
Sonitaprasamana	Su. 25.40	Pacifying blood
Sonitasanghata bhedana blood	Su. 26.42(4)	Breaking coagulum of blood
Sothahara	Su. 4.8	Alleviating edema
Sophaghna	Ci. 24.40	Anit-inflammatory
<i>Syn.</i> Sophahara	Ci. 23.48	
Sophaprasamana	Su. 25.40	
Sophanirvapana	Ci. 25.46	
Sophajanana	Su. 27.4	Causing swelling
Sopha-sphotana	Su. 26.42(3)	Diffusing inflammation
Sosakara	Su. 25.40	Causing consumption
Sosaghna	Su. 25.40, 27.84	Destroying consumption
<i>Syn.</i> Sosanut	Ci. 8.171	
Sosana	Su. 25.40, 26.43, 27.16	Drying up (the body)
Sramahara	Su. 4.8, 25.40	Alleviating tiredness
Slesmahara	Su. 25.40	Alleviating kapha
Slesmapittajanana kapha	Su. 25.40	Causing (aggregation of) and pitta
Slesmapittaprasamana	Su. 25.40	Pacifying kapha and pitta
Svasahara	Su. 4.8	Anti-dyspnea
Samjnasthapana	Su. 4.8	Resuscitative
Samjnapradanahetu consciousness	Su. 25.40	Causing recovery of consciousness
Samjnaprabodhana	Ci. 9.32	Arousing consciousness
Samprasadana	Ci. 21.98	Soothing
Samsamana	Su. 26.43	Pacifying
Samsravi	Su. 26.77	Stimulating discharge
Sankocakara	Ci. 29.34	Causing contraction
Sanghata-vidhamana mass	Su. 26.42(3)	Disintegrating compact mass
Sadyah subhasubhakarini good or bad	Vi. 1.16	Immediately producing results
Sadyobalakara strength	Su. 27.87	Immediately producing strength
<i>Syn.</i> Sadyobala	Su. 27.263	
Sadyobalajanana	Ci. 12.15(5)	

Sandhaniya	Su. 4.8	Union-promoting
<i>Syn.</i> Sandhanakara	Su. 26.42(1)	
Sandhanakrt	Su. 27.21	
Sandhana	Ci. 25.40	
Sara	Su. 26.42(3)	Laxative
Sarvadosaprapkopana	Su. 27.293	Aggravating all dosas
Sarvarogaprasamana	Su. 27.31	Pacifying all diseases
Sarvadosahara	Su. 25.40	Eliminating all dosas
Sarvapathya	Su. 25.40	All unwholesome things
Sarvarnikarana	Ci. 85.116	Producing normal color
Sarvakarmika	Ci. 23.201	Having general action
Sukhaporinamakara	Su. 25.40	Causing easy digestion
Srstabhinnasakrdvata feces and	Su. 27.186	Eliminating and breaking
		flatus
Srstamutrapurisa	Su. 27.113	Eliminating urine and feces
Srstavinmutra	Su. 26.61	Eliminating feces and urine
Sukhavirecana	Su. 25.40	Causing easy purgation
Saumanasyajanana	Su. 25.40	Causing cheerfulness
<i>Syn.</i> Saumanasya	Su. 5.96	
Stanyajanana	Su. 4.8	Galactogogue
<i>Syn.</i> Ksirajanana	Sh. 8.57	
Stanyasodhana	Su. 4.8	Galacto-depurant
<i>Syn.</i> Ksiravisodhana	Sh. 8.56	
Stambhana	Su. 26.43	Holding
<i>Syn.</i> Stambhaniya	Su. 25.40	
Prastambhani	Ci. 14.217	
Stambhaprasamana	Su. 25.40	Removing stiffness
<i>Syn.</i> Stambhavidhamana		Su. 26.42
Sthirakara	Su. 13.15	Producing firmness
<i>Syn.</i> Sthairyakara	Su. 25.40	
Sthairyakrt	Su. 27.29	
Snigdharaktasamgrahana blood	Ci. 14.185	Checking flow of unctuous
Snehana	Su. 13.17	Uncting
Snehavikaraghna unction	Su. 27.184	Destroying complication of
Snehopaga	Su. 4.8	Helpful for unction
Snaihika	Su. 15.14	Providing unction
Sparsana-hita sense organ	Su. 5.100	Wholesome for tactile
Sparsanendriyanasana	Ci. 7.54	Destroying touch sensation
Smrtikara	Su. 27.84, Ci. 1.3.27	Improving memory
<i>Syn.</i> Smrtivivardhana	Su. 27.231	
Smrtiprabodhana	Ci. 9.32	Arousing memory

Srotahprasadana	Su. 30.14	Soothing channels
Srotah-sodhana	Su. 27.228, Ci. 3.145	Cleaning channels
<i>Syn.</i> Srotovisodhana	Su. 27.228	
Srotahsamprabodhana	Ci. 10.14	Arousing channels
Srotomrdukarana	Su. 27.252	Softening channels
Srotovabandhana	Su. 26.43	Obstructing channels
Svapnajanana	Su. 25.40, 27.81	Hypnotic
<i>Syn.</i> Svapnakara	Su. 25.40	
Svapna	Ci. 26.63	
Svara-uttamakara	Ci. 1.2.3	Improving voice
Svarabodhana	Su. 27.66, Ci. 8.101	Arousing voice
Svarya	Ci. 8.90	Beneficial for voice
Svaravisodhana	Su. 27.185	Clarifying voice
Svasthavrttikara	Su. 1.67	Maintaining health
Svasthorjaskara	Ci. 1.14	Producing vigor in healthy
Svedajanana	Su. 27.250	
<i>Syn.</i> Svedakara	Ci. 3.145	Diaphoretic
Svedapanayana	Su. 25.40	Anti-diaphoretic
<i>Syn.</i> Svedapaha	Su. 5.94	
Svedopaga	Su. 4.8	Helpful for diaphoresis
Harsana	Su. 27.194, 30.15	Exhilarating (arousing sex- urge)
<i>Syn.</i> Praharsana	Su. 5.95	
Hikkanigrahana	Su. 4.8	Anti-hiccup
<i>Syn.</i> Hikkahara	Su. 25.40	
Hikkapracayavana	Ci. 17.137	
Hrt-samprabodhana	Ci. 10.14	Cardiac stimulant
Hrdaya-tarpana	Su. 26.42(2)	Saturating heart
Hrdaya-paridahana	Su. 26.42(3)	Causing burning in cardiac region
Hrdaya-pidana	Su. 26.43	Pressing on heart
Hrdayopaghatakara	Vi. 1.17	Damaging heart
Hrdya (cordial)	Su. 4.8	Beneficial for heart
Mamsa-sthirikarana muscles	Su. 26.42(5)	Providing firmness to